

#### YOUR CANCER ROADMAP

### FROM DIAGNOSIS TO WELLBEING





What are the insurance implications? Can my insurance policy cover all or only some of my treatment? What will my cancer testing cost me?

Is my cancer hereditary and do my family members need to be tested?

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What cancer do I have and is it curable? How much time do I have?

What may have caused my cancer?

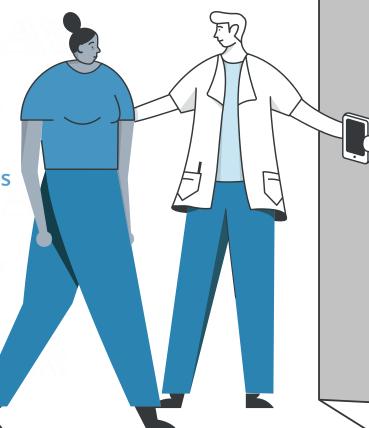
## **HOW CAN WE SUPPORT YOU?**

It's normal to have many questions when first diagnosed with cancer

Our specially trained Ampath healthcare staff will assist with these and other questions. Answers will be provided in a clear and concise manner, in layman's terms and with compassion.

After being diagnosed with cancer, you and your clinician will devise a treatment plan together.

We want you to feel included in your treatment and confident that you are in good hands.



# MY TREATMENT PLAN



We believe in doing focused genetic testing.

This form of testing can be costly, however this process will help your clinician individualise and optimise your treatment plan and prognosis.

The side-effects of cancer treatments need to be monitored. Once treatment is completed, regular follow-up testing is required to confirm remission.

### SINGLE POINT OF CONTACT FOR ADDED PEACE OF MIND

Ampath has a dedicated team of medical professionals who are committed to helping you through the laboratory testing process. To make things as streamlined as possible, you'll have a single point of contact when you have questions or concerns.



Scheduling and coordinating of your specific dates for follow-up testing



Motivations for and communications with medical aids regarding laboratory testing issues

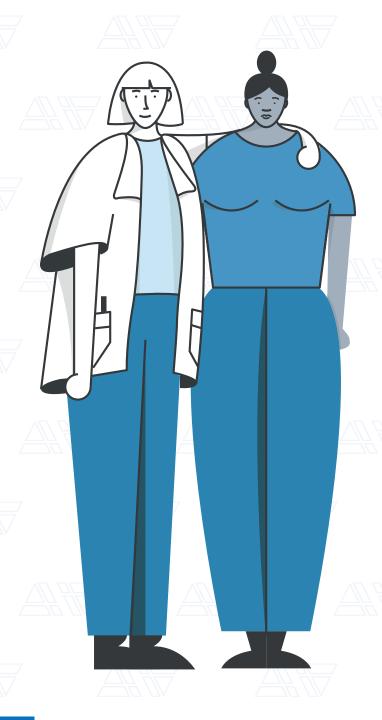


Consolidating all the laboratory reports from diverse testing



Scientific counselling and emotional support regarding your test results and their implications





Having someone to refer queries to will help to minimise any unnecessary stress or confusion.

You might feel anxious while waiting for test results or feel downhearted when receiving results that aren't what you were expecting.

During the testing process, we will be a compassionate shoulder to lean on and we will stand alongside you throughout your journey.

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To register for this phone service, call the Ampath genetics department on 012 678 0645.

"I am totally convinced that the Ampath Genetic Counsellors saved my life and have given me a chance at a longer life with my family."

Previous Ampath Patient



For more information about Ampath's cancer testing and services, visit www.ampath.co.za

Click on www.cancer.gov for comprehensive information on cancer, genetics and testing details provided for both health professionals as well as members of the public/patients.

